

## Trees in human life-“The Green Gold”



### Trees combat climate change

Trees absorb Carbon dioxide (CO<sub>2</sub>), removing and storing the carbon while releasing the oxygen back into the air. In one year, an acre of mature trees absorbs the amount of CO<sub>2</sub> produced when you drive your car 26,000 miles.

### Trees clean the air

Trees absorb odours and pollutant gases (nitrogen oxides, ammonia, sulphur dioxide and ozone) and filter particulates out of the air by trapping them on their leaves and bark.

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## **Trees help prevent water pollution**

Trees reduce runoff by breaking rainfall thus allowing the water to flow down the trunk and into the earth below the tree. This prevents storm water from carrying pollutants to the ocean. When mulched, trees act like a sponge that filters this water naturally and uses it to recharge groundwater supplies.

## **Trees help prevent soil erosion**

On hillsides or stream slopes, trees slow runoff and hold soil in place.

## **Trees shield children from ultra-violet rays**

Skin cancer is the most common form of cancer in the United States. Trees reduce UV-B exposure by about 50 percent, thus providing protection to children on school campuses and playgrounds - where children spend hours outdoors.

## **Trees provide food**

An apple tree can yield up to 15-20 bushels of fruit per year and can be planted on the tiniest urban lot. Aside from fruit for humans, trees provide food for birds and wildlife.

## **Trees heal**

Studies have shown that patients with views of trees out their windows heal faster and with less complication. Children

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with ADHD show fewer symptoms when they have access to nature. Exposure to trees and nature aids concentration by reducing mental fatigue. Trees are source of natural shadow and cool air and most comfortable than the artificial cooling technologies like fan, coolers, air conditioning, etc

### **Trees create economic opportunities**

Fruit harvested from community orchards can be sold, thus providing income. Small business opportunities in green waste management and landscaping arise when cities value mulching and its water-saving qualities. Vocational training for youth interested in green jobs is also a great way to develop economic opportunities from trees.

### **Trees provide a canopy and habitat for wildlife**

Sycamore and oak are among the many urban species that provide excellent urban homes for birds, bees, possums and squirrels.

### **Trees block things and protect from strong winds**

Trees can mask concrete walls or parking lots, and unsightly views. They muffle sound from nearby streets and freeways, and create an eye-soothing canopy of green. Trees absorb dust and wind and reduce glare. They are effective in breaking the force of wind thus helpful in protecting houses, vegetation, farmland etc.

## **Trees provide oxygen**

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In one year an acre of mature trees can provide enough oxygen for 18 people.

## **Trees are the source of rain**

They attract clouds which ultimately bring rain.

## **Trees cool the streets and the city**

- Trees cool the city by up to 10°F, by shading at our homes and streets, breaking up urban “heat islands” and releasing water vapour into the air through their leaves.

## **Trees conserve energy**

Three trees placed strategically around a single-family home can cut summer air conditioning needs by up to 50 percent. By reducing the energy demand for cooling our houses, we reduce carbon dioxide and other pollution emissions from power plants.

## **Trees save water**

Shade from trees slows water evaporation from thirsty lawns. Most newly planted trees need only fifteen gallons of water a week. As trees transpire, they increase atmospheric moisture.